**Step 4: (sheet # ) Made a searching and fearless moral inventory of ourselves**

**Resentments (R) Fear (F) Sexual Conduct (S)**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Severity->** | **High** | **Med-High** | **Medium** | **Wrath** | **Pride** | **Gluttony** | **Envy** | **Greed** | **Lust** | **Sloth** |
|  |  |  |  | **W** | **P** | **Gl** | **E** | **Gr** | **L** | **S** |

**Background notes:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **R****F****or****S** | **Severity** | **Age(s)** | **Who or****What** | **What they did or didn’t do****What I did or didn’t do** | **How I felt** | **What I lost or missed** | **My Role in it****What Could I Have Done?**  |
|   |   |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |